

| Start-Nr. | Name | Vorname | Jahrgang | Verein         | Platz | Zeit     | Klasse |
|-----------|------|---------|----------|----------------|-------|----------|--------|
| 310       | Laux | Frida   | 2017     | TuS Kaisersech | 1     | 1:56 min | Baby   |
|           |      |         |          |                |       |          |        |
|           |      |         |          |                |       |          |        |
|           |      |         |          |                |       |          |        |
|           |      |         |          |                |       |          |        |
|           |      |         |          |                |       |          |        |

100m Babylauf Mädchen (2015 und jünger)

| Start-Nr. | Name   | Vorname | Jahrgang | Verein                 | Platz | Zeit     | Klasse |
|-----------|--------|---------|----------|------------------------|-------|----------|--------|
| 291       | Kreutz | Milan   | 2015     | TV Cochem              | 1     | 0:51 min | Baby   |
| 354       | Ixfeld | Leon    | 2016     | SV schwarz-weiß Alflen | 2     | 1:18 min | Baby   |
|           |        |         |          |                        |       |          |        |
|           |        |         |          |                        |       |          |        |
|           |        |         |          |                        |       |          |        |
|           |        |         |          |                        |       |          |        |
|           |        |         |          |                        |       |          |        |

100m Babylauf Jungen(2015 und jünger)

| Start-Nr. | Name      | Vorname | Jahrgang | Verein | Platz | Zeit     | Klasse    |
|-----------|-----------|---------|----------|--------|-------|----------|-----------|
| 309       | Laux      | Sara    | 2012     |        | 1     | 1:34 min | Kinder U8 |
| 312       | Schmidtke | Julia   | 2013     |        | 2     | 1:37 min | Kinder U8 |
|           |           |         |          |        |       |          |           |
|           |           |         |          |        |       |          |           |
|           |           |         |          |        |       |          |           |
|           |           |         |          |        |       |          |           |
|           |           |         |          |        |       |          |           |
|           |           |         |          |        |       |          |           |
|           |           |         |          |        |       |          |           |

300 m Bambinilauf Mädchen WK U8 (21(2011/2012/2013/2014)

| Start-Nr. | Name   | Vorname | Jahrgang | Verein                 | Platz | Zeit     | Klasse    |
|-----------|--------|---------|----------|------------------------|-------|----------|-----------|
| 344       | Kehler | Mick    | 2013     |                        | 1     | 1:25 min | Kinder U8 |
| 346       | Ixfeld | Emil    | 2014     | SV schwarz-weiß Alflen | 2     | 2:02 min | Kinder U8 |
|           |        |         |          |                        |       |          |           |
|           |        |         |          |                        |       |          |           |
|           |        |         |          |                        |       |          |           |
|           |        |         |          |                        |       |          |           |
|           |        |         |          |                        |       |          |           |
|           |        |         |          |                        |       |          |           |
|           |        |         |          |                        |       |          |           |

300m Bambinilauf Jungen MK U8 (2010 11/2012/2013/2014)

| Start-Nr. | Name    | Vorname   | Jahrgang | Verein                 | Platz | Zeit     | Klasse |
|-----------|---------|-----------|----------|------------------------|-------|----------|--------|
| 294       | Adam    | Catherine | 2009     | SV Fortuna Ulmen       | 1     | 4:12 min | WK U10 |
| 349       | Zemella | Julia     | 2009     | SV Fortuna Ulmen       | 2     | 5:07 min | WK U10 |
| 347       | Ixfeld  | Tabea     | 2009     | SV schwarz-weiß Alflen | 3     | 7:33 min | WK U10 |
|           |         |           |          |                        |       |          |        |
|           |         |           |          |                        |       |          |        |
|           |         |           |          |                        |       |          |        |
|           |         |           |          |                        |       |          |        |
|           |         |           |          |                        |       |          |        |
|           |         |           |          |                        |       |          |        |
|           |         |           |          |                        |       |          |        |
|           |         |           |          |                        |       |          |        |

800m Schülerinnen WK U10 (2009/2010)

| Start-Nr. | Name      | Vorname | Jahrgang | Verein         | Platz | Zeit     | Klasse |
|-----------|-----------|---------|----------|----------------|-------|----------|--------|
| 311       | Schmidtke | Jonas   | 2010     | TuS Kaisersech | 1     | 4:23 min | MK U10 |
|           |           |         |          |                |       |          |        |
|           |           |         |          |                |       |          |        |
|           |           |         |          |                |       |          |        |
|           |           |         |          |                |       |          |        |
|           |           |         |          |                |       |          |        |
|           |           |         |          |                |       |          |        |
|           |           |         |          |                |       |          |        |

800m Schüler MK U10 ( (2009/2010)

| Start-Nr. | Name | Vorname | Jahrgang | Verein                   | Platz | Zeit     | Klasse |
|-----------|------|---------|----------|--------------------------|-------|----------|--------|
| 315       | Fett | Pauline | 2008     | TV Eintracht 1862 Cochem | 1     | 3:35 min | WK U12 |
|           |      |         |          |                          |       |          |        |
|           |      |         |          |                          |       |          |        |
|           |      |         |          |                          |       |          |        |
|           |      |         |          |                          |       |          |        |
|           |      |         |          |                          |       |          |        |
|           |      |         |          |                          |       |          |        |
|           |      |         |          |                          |       |          |        |
|           |      |         |          |                          |       |          |        |
|           |      |         |          |                          |       |          |        |

800m Schülerinnen WK U12 (2007/2008)

| Start-Nr. | Name      | Vorname | Jahrgang | Verein    | Platz | Zeit     | Klasse |
|-----------|-----------|---------|----------|-----------|-------|----------|--------|
| 307       | Schommers | Tim     | 2007     | Lutzerath | 1     | 3:35 min | MK U12 |
| 306       | Braun     | Noah    | 2007     | Lutzerath | 2     | 3:36 min | MK U12 |
|           |           |         |          |           |       |          |        |
|           |           |         |          |           |       |          |        |
|           |           |         |          |           |       |          |        |
|           |           |         |          |           |       |          |        |
|           |           |         |          |           |       |          |        |
|           |           |         |          |           |       |          |        |
|           |           |         |          |           |       |          |        |

800m Schüler MK U12 ( (2007/2008)



| Start-Nr. | Name  | Vorname     | Jahrgang | Verein                   | Platz | Zeit     | Klasse |
|-----------|-------|-------------|----------|--------------------------|-------|----------|--------|
| 318       | Göbel | Lana Sophie | 2005     | TV Eintracht 1862 Cochem | 1     | 8:20 min | WJ U14 |
|           |       |             |          |                          |       |          |        |
|           |       |             |          |                          |       |          |        |
|           |       |             |          |                          |       |          |        |
|           |       |             |          |                          |       |          |        |
|           |       |             |          |                          |       |          |        |
|           |       |             |          |                          |       |          |        |
|           |       |             |          |                          |       |          |        |
|           |       |             |          |                          |       |          |        |

1600m Schülerinnen WJ U14 (2005/2006)

| Start-Nr. | Name      | Vorname | Jahrgang | Verein                   | Platz | Zeit     | Klasse |
|-----------|-----------|---------|----------|--------------------------|-------|----------|--------|
| 316       | Fuhrmann  | Tim     | 2005     | TV Eintracht 1862 Cochem | 1     | 7:18 min | MJ U14 |
| 351       | Hirschler | Nils    | 2006     | SV Fortuna Ulmen         | 2     | 9:29 min | MJ U14 |
|           |           |         |          |                          |       |          |        |
|           |           |         |          |                          |       |          |        |
|           |           |         |          |                          |       |          |        |
|           |           |         |          |                          |       |          |        |
|           |           |         |          |                          |       |          |        |
|           |           |         |          |                          |       |          |        |
|           |           |         |          |                          |       |          |        |

1600m Schüler MJ U14 (2005/2006)

| Start-Nr. | Name    | Vorname | Jahrgang | Verein                       | Platz | Zeit     | Klasse |
|-----------|---------|---------|----------|------------------------------|-------|----------|--------|
| 320       | Balles  | Josi    | 2004     | TV Eintracht 1862 Cochem     | 1     | 7:16 min | WJ U16 |
| 326       | Bertram | Leni    | 2004     | LG HSC Gamlen-RSC Untermosel | 2     | 9:26 min | WJ U16 |
|           |         |         |          |                              |       |          |        |
|           |         |         |          |                              |       |          |        |
|           |         |         |          |                              |       |          |        |
|           |         |         |          |                              |       |          |        |

1600m Schülerinnen WJ U16 (2003/2004)

| Start-Nr. | Name       | Vorname | Jahrgang | Verein                   | Platz | Zeit     | Klasse |
|-----------|------------|---------|----------|--------------------------|-------|----------|--------|
| 319       | Nockelmann | Phil    | 2003     | TV Eintracht 1862 Cochem | 1     | 7:04 min | MJ U16 |
|           |            |         |          |                          |       |          |        |
|           |            |         |          |                          |       |          |        |
|           |            |         |          |                          |       |          |        |
|           |            |         |          |                          |       |          |        |
|           |            |         |          |                          |       |          |        |

1600m Schüler MJ U16 (2003/2004)

| Start-Nr. | Name | Vorname | Jahrgang | Verein                   | Platz | Zeit      | Klasse |
|-----------|------|---------|----------|--------------------------|-------|-----------|--------|
| 321       | Gräf | Sarah   | 2003     | TV Eintracht 1862 Cochem | 1     | 16:41 min | WJ U16 |
|           |      |         |          |                          |       |           |        |
|           |      |         |          |                          |       |           |        |
|           |      |         |          |                          |       |           |        |
|           |      |         |          |                          |       |           |        |
|           |      |         |          |                          |       |           |        |

3500m weibliche Jugend WJ U18 u. U20 (1999/2000/2001/2002)

| Start-Nr. | Name       | Vorname | Jahrgang | Verein           | Platz | Zeit      | Klasse  |
|-----------|------------|---------|----------|------------------|-------|-----------|---------|
| 360       | Wirtz      | Abraham | 2000     | PST Trier        | 1     | 13:22 min | MJ U 20 |
| 352       | Dörrenberg | Finn    | 2001     | SV Fortuna Ulmen | 1     | 15:02 min | MJ U18  |
| 353       | Simon      | Jonah   | 2002     | SV Fortuna Ulmen | 2     | 16:54 min | MJ U18  |
|           |            |         |          |                  |       |           |         |
|           |            |         |          |                  |       |           |         |
|           |            |         |          |                  |       |           |         |

3500m männliche Jugend MJ U18 u. U20 (1999/2000/2001/2002)

| Start-Nr. | Name       | Vorname  | Jahrgang | Verein                       | Platz | Zeit      | Klasse |
|-----------|------------|----------|----------|------------------------------|-------|-----------|--------|
| 361       | Pütz       | Yannick  | 1997     | LG Rhein-Wied                | 1     | 12:19 min | M 20   |
| 369       | Raheb      | Rahimi   | 1998     | LG Laacher See               | 2     | 15:14 min | M 20   |
| 363       | Ewen       | Oliver   | 1983     | PST Trier                    | 1     | 13:00 min | M 35   |
| 292       | Kreutz     | Heiko    | 1976     | SV schwarz-weiß Alflen       | 2     | 20:00 min | M 40   |
| 303       | Bleser     | Marek    | 1974     | LG Suer                      | 3     | 20:39 min | M 40   |
| 373       | Mindermann | Frank    | 1978     | Alflen                       | 1     | 18:09 min | M 40   |
| 334       | Fabry      | Markus   | 1970     | LG HSC Gamlen-RSC Untermosel | 1     | 17:24 min | M 45   |
| 330       | Schneider  | Dirk     | 1970     | LG HSC Gamlen-RSC Untermosel | 2     | 18:42 min | M 45   |
| 302       | Michels    | Frank    | 1969     | LG Suer                      | 3     | 20:39 min | M 45   |
| 323       | Nockelmann | Markus   | 1963     | TV Eintracht 1862 Cochem     | 1     | 16:32 min | M 55   |
| 329       | Berke      | Martin   | 1963     | LG HSC Gamlen-RSC Untermosel | 2     | 18:21 min | M 55   |
| 355       | Hendges    | Winfried | 1959     | LA-TUS Mayen                 | 3     | 19:43 min | M 55   |
| 375       | Gotto      | Robert   | 1957     | LG HSC Gamlen-RSC Untermosel | 1     | 17:18 min | M 60   |
| 287       | Hammann    | Theo     | 1954     | Spiridon Hochwald            | 2     | 18:13 min | M 60   |
| 371       | Massion    | Joachim  | 1958     | LG Laacher See               | 3     | 25:36 min | M 60   |
| 358       | Heiseler   | Gerd     | 1952     | SV Wittlich                  | 1     | 18:18 min | M 65   |
| 356       | Freyмут    | Jürgen   | 1949     | IAC Düren                    | 2     | 21:54 min | M 65   |

|     |              |              |      |                              |   |           |        |
|-----|--------------|--------------|------|------------------------------|---|-----------|--------|
| 286 | Berenz       | Paul         | 1949 | FFW Büchel                   | 3 | 22:28 min | M 65   |
| 283 | Jahnz        | Klaus        | 1949 | LG Laacher See               | 4 | 30:06 min | M 65   |
| 342 | Otten        | Arnold       | 1943 | LGV Daun                     | 1 | 22:01 min | M 75   |
| 324 | Schmitz      | Karl-Heinz   | 1943 | TV Eintracht 1862 Cochem     | 2 | 28:08 min | M 75   |
| 348 | Krümpelmann  | Hans-Hermann | 1940 | LG Laacher See               | 3 | 30:06 min | M 75   |
| 345 | Still        | Hans Albert  | 1938 | Ettringen                    | 1 | 21:58 min | M 80   |
| 377 | Pulvermacher | Lukas        | 2007 | Uersfeld                     |   | 21:04 min | MJ U12 |
| 297 | Hens         | Laura        | 1994 | Mitläufer Müllenbach         | 1 | 26:30 min | W 20   |
| 328 | Jungen       | Petra        | 1973 | LG HSC Gamlen-RSC Untermosel | 1 | 17:58 min | W 45   |
| 332 | Schneider    | Alexandra    | 1972 | LG HSC Gamlen-RSC Untermosel | 2 | 21:14 min | W 45   |
| 299 | Bungart      | Elke         | 1971 | Aiflen                       | 3 | 21:32 min | W 45   |
| 298 | Hens         | Simone       | 1965 | Mitläufer Müllenbach         | 1 | 20:23 min | W 50   |
| 359 | Geisen       | Birgit       | 1960 | SG Laacher See               | 1 | 22:41 min | W 55   |
| 372 | Massion      | Anita        | 1959 | LG Laacher See               | 2 | 23:07 min | W 55   |
| 333 | Reuter       | Nil          | 1963 | LG HSC Gamlen-RSC Untermosel | 3 | 25:32 min | W 55   |
| 289 | Fronnert     | Marita       | 1958 | LG Laacher See               | 1 | 27:11 min | W 60   |

3500 m  
Mittelstrecke



| Start-Nr. | Name         | Vorname | Jahrgang | Verein          | Platz | Zeit      | Klasse |
|-----------|--------------|---------|----------|-----------------|-------|-----------|--------|
| 290       | Fronnert     | Marita  | 1958     | LG Laacher See  | 2     | 1:01:29 h | W 60   |
| 343       | Pulvermacher | Viola   | 1989     | LG Laacher See  | 1     | 29:53 min | W 20   |
| 366       | Frantzen     | Nicole  | 1982     | LG Laacher See  | 1     | 40:08 min | W 35   |
| 381       | Junglas      | Gertrud | 1958     | TUS Kaisersesch | 1     | 42:12 min | W 60   |
| 368       | Schmidgen    | Marion  | 1961     | LG Laacher See  | 1     | 44:57 min | W 55   |
|           |              |         |          |                 |       |           |        |
|           |              |         |          |                 |       |           |        |

7000m Hauptlauf Frauen (1998 u. älter)

## 35. Nikolaus Crosslauf Alflen

| Start-Nr. | Name       | Vorname   | Jahrgang | Verein                       | Platz | Zeit        | Klasse |
|-----------|------------|-----------|----------|------------------------------|-------|-------------|--------|
| 362       | Pütz       | Yannick   | 1997     | LG Rhein-Wied                | 1     | 25:44 min   | M 20   |
| 380       | Weiss      | Marvin    | 1997     | LG Dorsten                   | 2     | 26:07 min   | M 20   |
| 325       | Olbermann  | Niclas    | 1998     | TV Eintracht 1862 Cochem     | 3     | 31:33 min   | M 20   |
| 370       | Raheb      | Rahimi    | 1998     | LG Laacher See               | 4     | 32:02 min   | M 20   |
| 365       | Johann     | Sebastian | 1987     | Düngenheim                   | 1     | 35:28 min   | M 30   |
| 295       | Düx        | Tobias    | 1985     | Mitläufer Müllenbach         | 2     | 36:44 min   | M 30   |
| 364       | Ewen       | Oliver    | 1983     | PST Trier                    | 1     | 27:11 min   | M 35   |
| 340       | Bertram    | Benjamin  | 1983     | LG HSC Gamlen-RSC Untermosel | 2     | 32:27,5 min | M 35   |
| 338       | Gundlach   | Jan       | 1979     | LG HSC Gamlen-RSC Untermosel | 3     | 32:27,8 min | M 35   |
| 378       | Feilen     | Christian | 1976     | SC Blau Weiß Schalkenmehren  | 2     | 32:01 min   | M 40   |
| 303       | Bleser     | Marek     | 1974     | LG Suer                      | 3     | 37:25 min   | M 40   |
| 374       | Mindermann | Frank     | 1978     | Alflen                       | 4     | 37:57 min   | M 40   |
| 337       | Bertram    | Timo      | 1975     | LG HSC Gamlen-RSC Untermosel | 1     | 30:59 min   | M 40   |
| 336       | Penner     | Vadim     | 1973     | LG HSC Gamlen-RSC Untermosel | 1     | 29:50 min   | M 45   |
| 339       | Jungen     | Oliver    | 1973     | LG HSC Gamlen-RSC Untermosel | 2     | 31:38 min   | M 45   |
| 305       | Teusch     | Holger    | 1971     | TSV Bullay-Alf               | 3     | 31:52 min   | M 45   |
| 341       | Bertram    | Dirk      | 1970     | LG HSC Gamlen-RSC Untermosel | 4     | 32:56 min   | M 45   |

35. Nikolaus Crosslauf Alflen

|     |                |         |      |                              |   |           |      |
|-----|----------------|---------|------|------------------------------|---|-----------|------|
| 335 | Fabry          | Markus  | 1970 | LG HSC Gamlen-RSC Untermosel | 5 | 36:56 min | M 45 |
| 302 | Michels        | Frank   | 1969 | LG Suer                      | 7 | 37:25 min | M 45 |
| 293 | Pelzer         | Marko   | 1967 | LT Mertesdorf 2001 e.V.      | 1 | 38:30 min | M 50 |
| 296 | Hens           | Herry   | 1963 | Mitläufer Müllenbach         | 1 | 34:28 min | M 55 |
| 379 | Bingel-Schmitz | Dieter  | 1960 | Üdersdorf                    | 2 | 38:00 min | M 55 |
| 367 | Rüb            | Michael | 1962 | LG Laacher See               | 3 | 42:16 min | M 55 |
| 376 | Gotto          | Robert  | 1957 | LG HSC Gamlen-RSC Untermosel | 1 | 35:13 min | M 60 |
| 288 | Hammann        | Theo    | 1954 | Spiridon Hochwald            | 2 | 40:01 min | M 60 |
| 300 | Kurtze         | Edgar   | 1956 | SV Hambuch                   | 3 | 48:34 min | M 60 |
| 357 | Freygut        | Jürgen  | 1949 | IAC Düren                    | 1 | 46:57 min | M 65 |
| 284 | Jahnz          | Klaus   | 1949 | LG Laacher See               | 2 | 1:01:29 h | M 65 |
|     |                |         |      |                              |   |           |      |
|     |                |         |      |                              |   |           |      |
|     |                |         |      |                              |   |           |      |
|     |                |         |      |                              |   |           |      |
|     |                |         |      |                              |   |           |      |
|     |                |         |      |                              |   |           |      |

7000m Hauptlauf Männer (1998 u. älter)

| <b>Altersklassen</b>                    | <b>Jahrgänge</b>   | <b>Strecke</b> |
|---|--|----------------|
| Babylauf                                | 2015 und jünger  | 100 m          |
| Bambinilauf, Kinder U8                  | 2011,2012,2013,2014  | 300 m          |
| Schüler/innen, MK/WK U10                | 2009 ,2010   | 800 m          |
| Schüler/innen, MK/WK U12                | 2007,2008  | 800 m          |
| Schüler/innen, MJ/WJ U14                | 2005,2006  | 1600 m         |
| Schüler/innen, MJ/WJ U16                | 2003,2004  | 1600 m         |
| Weibliche, männliche Jgd.,<br>MJ/WJ U18 | 2001,2002  | 3500 m         |
| Weibliche, männliche Jgd.,<br>MJ/WJ U20 | 1999 ,2000   | 3500 m         |
|   |  |                |
| W/M 20                                  | 1989, 1990, 1991, 1992, 1993,<br>1994, 1995,1996,1997,1998 |                |
| W/M 30                                  | 1984, 1985,1986,1987,1988                                  |                |
| W/M 35                                  | 1979, 1980,1981,1982,1983                                  |                |
| W/M 40                                  | 1974, 1975,1976,1977,1978                                  |                |
| W/M 45                                  | 1969, 1970,1971,1972,1973                                  |                |
| W/M 50                                  | 1964, 1965,1966,1967,1968                                  |                |
| W/M 55                                  | 1959, 1960,1961,1962,1963                                  |                |
| W/M 60                                  | 1954, 1955,1956,1957,1958                                  |                |
| W/M 65                                  | 1949, 1950,1951,1952,1953                                  |                |
| W/M 70                                  | 1944, 1945,1946,1947,1948                                  |                |
| W/M 75                                  | 1939, 1940,1941,1942,1943                                  |                |

Stand 2018